

This August 2011 Good News letter is packed with the following goodies...

- **Wisdom unearthed - Deviate!**
- **Reinvent yourself – A girls' night out on the CatWalk –Free tickets up for grabs. Read on...**
- **Cross Pollination - The best are coming to my event. Let's reveal who they are!**
- **Recommended reading for your growth - Identity - ID – I differentiated and prize winner for Simply Soul**

Wisdom Unearthed – Deviate!

Recently I received a lovely bright pink letter in the post from personal trainer Sally Feinerman www.fitnessfix.co.nz with the following words.....

Without deviation from the norm, progress is not progress. Congratulations on deviating.

I received it during a week where I was sorely tempted to “clone” myself into what everyone else seems to do! It reminded me however that what I am presently doing and experiencing is absolutely on track. ie. Chipping out the claywork of my own life, rather than being sculpted by someone else's version of how I am supposed to live, work and be....

The same week I also received the following quote which I absolutely love and has a similar theme. I must have needed the reminder! Do you?

So many people live within unhappy circumstances and yet will not take the initiative to change their situation because they are conditioned to a life of security, conformity and conservatism, all of which may appear to give one peace of mind, but in reality nothing is more dangerous to the adventurous spirit within a man than a secure future. The very basic core of a man's living spirit is his passion for adventure. The joy of life comes from our encounters with new experiences, and hence there is no greater joy than to have an endlessly changing horizon, for each day to have a new and different sun. Christopher McCandle

Those quotes are really about reinventing the unique you, your passions, interests, look, skills, ambitions.... and not reinventing the wheel. It's about seeing what the possibilities are, not the hurdles and obstacles – whether real or perceived. It is about having the courage to get outside of the “square box” you may have been living in and trying out a different “shape” in life or following a different track. This is what my fundraiser is all about. Celebrating difference, Celebrating uniqueness. Being the best YOU can be and aspiring to be great on your own CatWalk, not someone else's!

Janelle Event - Reinvent Yourself and What's Possible – Girls' Night Out on the CatWalk

Get your tickets now!

Grab your girlfriends, colleagues, staff, book club, women's group, mother's group, key customers or clients or even gals you haven't seen in awhile and come to a fun, social and inspirational evening.

This is a fundraiser event in conjunction with me running this year's New York marathon in November as part of the CatWalk Spinal Cord Injury Trust's team. Sept 5th at New Brew in Albany (doors open 6.45pm). Click here for [details](#). Ring or email me for tickets or get them at the venue. 09 479 4951 or 021 756 280 janelle@janellefletcher.com Also keep updated by checking out the [facebook events page](#) or going to my events page on my site. www.janellefletcher.com

See you there, or if you can't make it, you can still support this charity and my marathon efforts by donating online at www.fundraiseonline.co.nz/JanelleFletcher

Cross Pollination - The best are coming to my event! Click [here](#) to reveal who they are!

I am very excited about the experts who are coming onboard for my fundraiser event offering their expertise, products and services in the fields of health, wellness, beauty, fitness, time out and personal development. Grab a spectacular offer that will help you grow in confidence, reinvent yourself and create new possibilities in your life. There are more experts coming on board as we speak, so continue to check out the events page on my website. Proceeds going to CatWalk.

Recommended Reading for your growth

Along with the theme of this newsletter, here's a great article I wrote called [Identity – ID – I Differentiated](#).

In a recent newsletter I promoted international clairvoyant Beverley D'Anvers, who was giving away one of her books *Simply Soul* to someone who booked a reading with her. That lucky person was Jackie Gearing. The book is a great read and Beverley will also have some copies available at the Reinvent Yourself night.

Beverley has also offered a "reading" as one of the silent auction items. Be there to bid girls! I can't wait to start bidding myself!

Go well and grow well in the month of August and come hang out with me on Sept 5th. Ring me for tickets!

Janelle

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New York marathon Nov 2011 fundraising page www.fundraiseonline.co.nz/JanelleFletcher